



GHA Resident Services Newsletter

Happy New Year 2018

As we say good-bye to 2017 we look forward to this new year 2018. We have so many great things in the works to make our place a better safer environment and just a little more fun. We need participation from you the residents to make this a suc-

cess. Sign up for the activities to show your support. We will begin having some great skill classes, fun activities every month. Such as movie night, game night, karaoke night. We also welcome any suggestions on activities you would like to see

provided. We will continue with programs that bring you volunteers from people right here in Galveston and the surrounding cities that provide entertainment, health education, and benefits. Happy New Year's!

Resident Council

Resident council is an independent group of people living in your building that are residents just as you are who meet on a regular basis

to discuss concerns, develop suggestions and plan activities for your facility. Our Resident Services Director Ms. Williams will be

speaking more on the council members and their duties at our next Council meetings at Holland House and Gulf Breeze all residents welcome

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Housekeeping Class

What your home looks and feels like greatly impacts your quality of life. As we get older day to day life becomes a little challenging. Some days we just don't feel like

cooking and cleaning up. This class will help provide you with easy cleaning solutions and maybe teach you some techniques that you may not have been aware

of. These classes will be mandatory for some residents, however all residents are welcome to participate. If interested please sign up.

Area Agency on Aging

“Always find opportunities to make someone smile, and to offer random acts of kindness in everyday life.”

Benefits counselors would like to help our residents find the best plan to save them money on prescription medication, hospital visits. And transportation to and from doctor

appointments. Area Agency will be volunteering their time and counselors every second Wednesday each month at Gulf Breeze at 10am to assist all residents that are cur-

rently on Medicare get the best plan. All residents welcome from The Oaks and Holland House walk ins are welcome just bring your Medicare card and your I.D

Life Skills Class

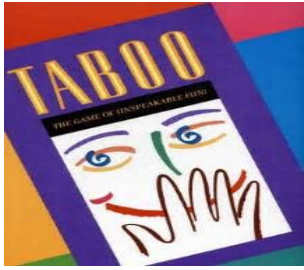


This class is to promote positive health and personal development in residents. Self-Management Skills provides residents with strategies for decision making, managing

stress, time management, budgeting, rental agreements and cooking classes. General Social Skills enable residents to strengthen communication skills, empathy, respect, atti-

tudes, cooperation, to build and maintain relationships. These classes will be held each month. First class at Gulf Breeze Jan 16 and Holland House Jan. 18 10am-12 noon.

Game Night



It's time to have some fun. Our first game night of the New Year. Let's play Taboo! The goal is to

get your teammates to guess the word you are describing from the cards, but there's a list of words you can not say. Taboo words. If you have never played we will teach you. Holland House and Gulf Breeze will be hosting Game

Night for all residents who wish to participate. The Oaks residents come on over. **Jan. 22** Holland House 4pm-7pm and **Jan. 23** Gulf Breeze. 4pm-7pm



Farmer's Market and Froberg Farm

Farmer's market has moved to the Bryan Museum just across from Gulf Breeze Apts. On 21st St. Every Thursday from 3pm-6pm. Resi-

dents who use SNAP Farmer's Market matches every dollar you spend with SNAP to double the reward. We will be taking a trip to

Froberg Farm Jan. 11 at 9am Please sign up. Mustard Greens, Collard Greens, Turnip Greens and Cabbage available.



Events Around Galveston

Restaurant Week in Galveston is Jan. 6-21st. Two weeks of delicious dining for prix-fixe lunch and/or dinner menus. 2 and or 3 course dinners will be priced between \$20-\$35

and 2 course lunches, breakfast and brunches will cost between \$10-\$20.



Winter/Spring Galveston Wedding Show Jan. 21st 2704 Ave O 1pm-4pm Admissions FREE. Catering, wedding dresses, flowers, photography, music, bartending services, and more.



**January
Word of the Month**

Jannock

Jan●nock

*Straightforward and fair:
UPRIGHT, DECENT*



Reginald Davis	January 1	Robert Fusig	January 20
Floyd Simmons	January 2	Betty Flores	January 21
Graylon Waire	January 3	George Bimage	January 23
Lawrence Brown	January 4	Terriyah Franklin	January 24
Oralia Hernandez	January 4	David Simmons	January 25
John Tullis	January 5	Ruben Garcia	January 26
Rickey Ruelas	January 5	Paula Guevara	January 26
Teresa Daniel	January 6	Juanita Fernandez	January 26
Mickey Villarreal	January 7	Blane Poling	January 27
Christine Stevens	January 9	Albert Salinas	January 27
Jeffrey Taylor	January 10	Charla Glass	January 27
Javier Lopez	January 10	Wilmer Ray Hamlet	January 28
Monique Miles	January 11	Nona Gillispie	January 28
Cary Tisino	January 12	Joe Foreman	January 28
Cordia Green	January 18	Maria Lujan	January 29
Krystal Gross	January 18	John Pierce	January 29
Albert Wilcox	January 19	Juan Trevino	January 30
Nigel Eley	January 19	Leslie Mordente	January 30
Monica Villarreal	January 19	Martha Gonzales	January 31
Sebastian Lopez	January 20		



January 1

GHA-CLOSED
New Year's Day

January 18

Life Skills Class-Holland House
"New Year New Me"
10am-12 noon

January 8

Holland House-Resident Council Meeting
3pm-4pm

January 23

House Keeping Class
Gulf Breeze

January 10

Benefits Counselors
Gulf Breeze-10am

January 25

House Keeping Class
Holland House

January 11

Froberg Farm
All locations-8:30-9am

January 29

Jesse Tree-Gulf Breeze
1pm-3pm

January 15

GHA-CLOSED
Martin Luther King Jr. Day

January 30

Jesse Tree-Holland House
10am-12 noon

January 16

Life Skills Class-Gulf Breeze
"New Year New Me"
10am-12 noon

January 30

Tenant Tuesday
10am

January 17

Gulf Breeze-Resident Council Meeting
4pm-5pm

January 31

Jesse Tree- The Oaks
10am- 12 noon

January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 CLOSED	2 No Rides	3 GB Walmart AM Krogers PM	4 HH OAKS Walmart AM Krogers PM	5	6
7	8 All Sites Dollar Tree AM Randalls PM	9 HH Walmart AM Krogers PM	10 GB Walmart AM Krogers PM	11 Froberg Farm 9:00 AM	12	13
14	15 CLOSED	16 HH Walmart AM Krogers PM	17 GB Walmart AM Krogers PM	18	19	20
21	22 All Sites Dollar Tree AM Randalls PM	23 HH Walmart AM Krogers PM	24 GB Walmart AM Krogers PM	25	26	27
28	29 All Sites Dollar Tree AM Randalls PM	30 HH Walmart AM Krogers PM	31 GB Walmart AM Krogers PM			

Store trips are every Monday, Tuesday and Wednesday.

Pick up for AM trips start at 8:00 am. The last building pick up is 9 am. All shopping must be completed by 11:15 am.

Pick up for PM trips start at 12:15 pm. The last building pick up time is 1:00 pm. All shopping must be completed by 3:00 pm.

GHA Contact Information

Executive Office
(409) 765-1905
Mona Purgason, ED

Central Maintenance/After Hours
(409) 765-1921
John Williams,
Director

Public Housing/HCV
(409) 765-1930
Maria Godwin,
Director

Gulf Breeze
(409) 765-1925
Michelle Holt,
Manager

Mary Toussant,
Assistant Manager

Holland House
(409) 765-1922
Caressa Lynch,
Manager

Charles McVey,
Assistant Manager

Resident Services
(409) 765-1920
Odelia Williams,
Director

(409) 770-3015
Tyese Sweet,
Coordinator

Charles Fields,
Transportation
(409) 370-5698

GHA Email
info@ghatx.org

GHA Website
www.ghatx.org

GHA Tip Line
(409) 765-1917

Police Non-Emergency
(409) 765-3702



Did You Know? We're On The Web

GHA is on Twitter and Facebook! Stay up to date on GHA's Holiday closings, safety and weather information and updates in times of emergency.



Search
Galveston Housing Authority



Follow us on Twitter
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